B	U	M	F	F	I	C	H	H
Brakes		Mixture		Flaps		Carb Heat		Harness
	Undercarriage		Fuel		Instruments		Hatches	

H	A	S	E	L	L
Height		Security		Location	
	Airframe		Engine		Lookout

Pilot	A/C		Alternate	
From			Distance	Flight Time
To				
Distance	Flight Time		2000' w/v / Kts	Temp
	Fuel Consumption		5000' w/v / Kts	Temp
	Total Required			
	Fuel on Board			
	Reserve			
	Total Endurance			

F Fuel
R Radio
E Engine
D Direction
A Altimeter

Brakes Off	Take Off	Landing	Brakes On

From/To	MSA	Pl/Alt	TAS	Tr(T)	W/V	Hdg(T)	Hdg(M)	G/S	Dist	Time	ATA	ETA
					/							
					/							
					/							
					/							
					/							
					/							

Distress 121.50	Transponder	Distress 7700	Com Fail 7600	Conspicuity 7000

Station	Svc	Frequency	Clearance/Observations

UK